



# Your First DTT Event: A Guide for Curious Strangers

*Everything you'd want a friend to tell you before you walk in*

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If you're reading this, you're probably standing at the edge of something. Curious enough to look, not quite sure enough to step in. That's exactly the right place to be. This is the version of events I'd give you across a table, before you ever set foot in the room.

No hype. Just the answers.

— Sir Pocketz, Founder, Dark Tantra Temple

## **The one thing to know first**

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You can leave at any time, and you never owe anyone the reason.

Hold onto that. Everything we build is designed around your "no" being as welcome as your "yes." A ticket price doesn't trap you. A room full of people doesn't trap you. If your body decides it's done, it's done, and that's the end of it.

Second thing: we don't surprise you. Each part of the evening gets named out loud before it begins, so you always know what's coming next.

## **What kind of event this is — a White-tier event**

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Your first night with us can be what we call a White-tier event. In plain terms, that's our open front door. Anyone can register, there's no application, and you don't need experience or a partner to belong.

It's clothed. Nothing sexual happens and there's no nudity. We do hold deeper, members-only tiers for people who've been with us a while and completed our consent training, but none of that is your concern on a first night. White is built to be the easy one. You show up, you take it in, you go home knowing more than you did.

Most people arrive braced for intensity and leave a little surprised by how warm and how ordinary it felt.

## **What to wear**

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Comfort comes first, every time. After that, it depends on which format you picked, so glance at the event page before you head out.

For a social, come as you are. Street clothes are perfectly fine, since you'll mostly be sitting and talking. For a workshop, wear something you can move and sit on the floor in, and bring a layer in case the room runs cool. For a performance, you're mostly watching, so dress for sitting a while. Some workshops and performances carry a theme or a suggested color, and when they do, the event page will tell you plainly. When in doubt, choose comfort and you'll be right.

## What to bring

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Not much. A water bottle. A layer, as above. If you keep a journal, something to write with, since some people like to catch what surfaces afterward. There's no pressure to.

Leave the expectations at home. You don't need a goal, a question, or a reason to walk in. "I was curious" is a complete sentence.

## The shape of the night

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A first event moves through four parts. You arrive and settle in. We gather as a circle and open. We move through the practice itself, whatever it is that night. Then we close, with time to land before anyone heads for the door.

Whoever's leading names each part before it starts, so you're never guessing. And the whole thing runs slower than modern life trains you to expect. That's deliberate. We move at the pace a nervous system can actually meet, not the pace of a packed schedule.

If you want the minute-by-minute version of all this, what the room looks like, what those first ten minutes feel like in your body, I wrote a separate piece on exactly that. This guide is the one that gets you ready to walk in.

## Consent, in plain terms

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Consent in our spaces isn't a waiver you sign at the door. It runs the whole night, as an ongoing conversation.

Here's how it actually plays out. You're told what a practice involves before it begins. You can pass on anything, at any point, and the answer is taken at face value with no teasing and no "are you sure." Passing on one exercise doesn't mean leaving the room. If a practice involves any kind of contact, that's named ahead of time, and it's always a clear yes-or-no that you control. Changing your mind partway through is ordinary and expected, never a failure of nerve.

The short version: your boundaries get treated as information, not as obstacles to push past. A community that needs your reasons isn't one that respects your no. We don't need your reasons.

## If you change your mind in the parking lot

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Maybe you'll get there, sit in your car, and feel the nerves climb. That happens to plenty of people. So here's your permission slip in advance: you can come in just to look, and you can go the second it isn't for you.

Walk in, feel the room for ten minutes, and leave if you want. Decide in the lot not to come in at all. None of that is rude, and none of it is wasted. The whole bar to entry is showing up. The bar to leaving is nothing.

If it helps, message us before you come. A real person answers, and sometimes knowing there's a name waiting on the other side of the door is enough to get you through it.

## What you carry home

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The night doesn't really end when you reach your car. Over the next few days, people tend to notice small things. Deeper sleep. A conversation that goes somewhere new. An old feeling that surfaces without much warning. Your system processes on its own clock, not yours.

So if something stirs a couple of days later, that's not a problem to fix. It's the second half of the experience arriving on schedule. Knowing that ahead of time is half of handling it well.

## We don't disappear after you leave

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A lot of places in this field hand you an experience and vanish. We don't work that way.

You'll get a short note from us within a day or so, just asking how you're landing. Reply and I read it. Don't, and that's fine too. The point is plain: the part that comes after isn't something you're meant to do alone.

## A few honest questions people ask

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**Do I have to talk or share?** No. "Pass" is always on the table, and listening counts as full participation.

**What if I don't know anyone?** Most people come alone the first time. By the end of the opening circle, the room stops feeling like a room of strangers.

**Is this a religious thing?** No. When we say ritual or ceremony, we mean structure and intention, not doctrine. You don't have to believe anything.

**What if I get emotional?** Then you get emotional, and the room is built to hold it.

**Can I just observe?** Yes. Watching is a real and welcome way to do a first event.

## Come say hi

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That's the whole guide. The hard part really is just deciding to show up. Once you're in the room, the room does what it does.

When you're ready, our upcoming public events are on the site. Pick one that's easy to get to, come as you are, and let the rest stay simple.

**See upcoming events → [darktantratemple.com/events](https://darktantratemple.com/events)**

If there's a question I didn't answer, or a fear I didn't name, write to me. I read everything.

— Sir Pocketz Dark Tantra Temple · Houston, TX

*Dark Tantra Temple is a holistic adult education and event community. This guide is offered freely, with no obligation.*